

HIGH SCHOOL PREP 101

Building success from day one

ENROLL NOW



SIX SESSIONS

1. **Mindful Minds:** How to manage your mind to perform at its best
2. **Optimized Organizer:** Strategies to help you manage time, tasks, and tests
3. **Confident Communicator:** Tips for talking to teachers, peers, and adults
4. **Goal-Getter:** Tips on how to set goals and develop the perseverance to see them come to life
5. **Brainy Breakthroughs:** How to develop skills to better solve problems
6. **Study Skills:** Preparing students with the skills they need to be better learners and achievers

DETAILS

This course is tailored for students gearing up for their high school journey. Our mission is to empower students with essential life skills and knowledge to conquer their challenges.

From time management tricks to goal-setting strategies, we will guide students while fostering their personal growth and development.

Classes start June 16th

COST: \$499



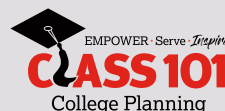
Kevin Lowrie, Education Consultant

Phone: (505) 456-8878

Address: 4101 Paseo Del Norte NE, by appointment only, Albuquerque, NM 87113

klowrie@class101.com

Class101.com/SandiaHeightsNM



Empower students.
Serve families.
Inspire greatness.